



# *Certificate of Completion*

This is to certify that

*Erik Thau-Knudsen*

has successfully completed the  
**Hostile Environment Awareness Training (HEAT) Refresher Course**  
held at the DEMA Staff College, Denmark, during 22 – 24 February 2017



**Susanne Kristensen**

HEAT Refresher Course Director, DEMA



## HEAT Refresher course objectives and main elements

### Overall objectives:

- to refresh and increase the participants' awareness of safety and security issues in hostile environments; and,
- to refresh the skills and tools necessary to deal with and reduce different types of - known and unknown - risks and threats.

This residential course has comprised theory, learning labs, team-based assignments and extensive field exercises in conditions that realistically simulate hostile environments. The following main elements have been covered during two days of intensive action learning:

- Team building
- Threats, risk & vulnerability assessment
- Standard operational procedures (SOPs)
- Mission preparation and experience
- Maps, compass, GPS & tracking systems
- Radio & satellite communication
- Advanced first aid under primitive conditions
- Situational awareness
- Building assessment & elementary fire extinguishing
- Emergency vehicle repair & recovery
- Psychosocial welfare, managing body and mind in stress
- Improvised explosive devices (IEDs), weapons, and mines